

DEMOCRITUS UNIVERSITY OF THRACE

DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCE

UNDERGRADUATE PROGRAM

COURSE TITLE:

Dances and cultures of the world

COURSE CODE:

N064

E.C.T.S. CREDITS

2

RESPONSIBLE FOR THE COURSE:

NAME	Dimitris Goulimaris		
POSITION	Assistant Professor		
SECTOR	Sport Management, School Physical Education & Recreation		
OFFICE	B2 - 12		
TEL. / E-MAIL	25310 - 39672	dgoulima@phyed.duth.gr	
CO-INSTRUCTORS			

SEMESTER:

1 st	<input type="checkbox"/>	2 nd	<input type="checkbox"/>	3 rd	<input type="checkbox"/>	4 th	<input type="checkbox"/>
5 th	<input type="checkbox"/>	6 th	<input checked="" type="checkbox"/>	7 th	<input type="checkbox"/>	8 th	<input checked="" type="checkbox"/>

COURSE TYPE:

Obligatory	<input type="checkbox"/>
Direction	<input type="checkbox"/>
Specialization	<input type="checkbox"/>
Prerequisite for specialization	<input type="checkbox"/>
Elective (<i>open</i>)	<input checked="" type="checkbox"/>

HOURS (per week):

2

DIRECTION (only for 3rd & 4th year courses):

Sports Recreation & Dance	
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SPECIALIZATION (only for 3rd & 4th year courses):

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LANGUAGE OF TEACHING:GREEK ENGLISH **AIM OF THE COURSE (acquired skills & learning outcome):**

After the completion of the course students will understand and respect other cultures through learning of folk and traditional dances, songs and music. They will know the technical elements of dance and the historical context in which they have been developed.

COURSE CONTENTS (*outline – titles of lectures*):

1. Conceptual definition of the folk and traditional dances. The morphological approach, the educational role and the intercultural dimensions.
2. Traditional and folk dances of Germany.
3. Traditional and folk dances of France.
4. Traditional and folk dances of Serbia.
5. Traditional and folk dances of Italy.
6. Traditional and folk dances of Canada.
7. Traditional and folk dances from Hawaii.
8. Traditional and folk dances of the U.S.A.
9. Traditional and folk dances of England.
10. Traditional and folk dances of Israel.
11. Traditional and folk dances of Spain.
12. Traditional and folk dances for children. Methodological approach.
13. Developing the creative capacity and improvisation through traditional and folk dances.

TEACHING METHOD (*lectures – labs – practice etc.*):

1. Lectures supported by audiovisual media.
2. Practical training.

ASSESSMENT METHOD(S):

1. Individual work.
2. Progress test.
3. Final exams.

LEARNING OUTCOMES:

Upon completion of study in this lesson students will be able to:

- 1) Identify and understand the: a) conceptual definition, the educational role and importance of cross-cultural folk dances from various regions of the world and b) the elements of tradition associated with the dances.
- 2) Dance to a satisfactory level folk dance from various regions of the world with the accompaniment of music.
- 3) Be aware of methodological and teaching approach of folk dances from various regions of the world for children.
- 4) Be able to develop their creativity and improvisation through folk dances from various regions of the world.

LEARNING OUTCOMES – CONTINUED:

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
Knowledge and understanding of the: a) conceptual definition, the morphological approach, the educational role and intercultural importance of folk dances from various regions of the world and b) the	Lectures, study, demonstration and commentary of digital material, individual work.	Assessment of written work.	10

elements of tradition associated with the dances.			
Ability to dance at satisfactory level folk dances from various regions of the world with the accompaniment of music.	Practical exercises, training and study.	Intermediate checks with appropriate practical (individual & group) tests and final examinations.	30
Knowledge of the methodological and instructive approach of folk dances from various regions of the world for children.	Lectures, demonstration and commentary of digital material, study.	Intermediate checks with written or oral tests cognitive evaluation.	10
Ability to develop creativity and improvisation through folk dances from various regions of the world.	Practical exercises, training and study.	Intermediate checks with appropriate practical tests and final individual tests.	10
		TOTAL	60

OBLIGATORY & SUGGESTED BIBLIOGRAPHY:

1. Bournelli, P. (2000). Folk dances from around the world. Athens: Private publication.
2. Cavalier, D. (1997). Folk Dances from Around the World. Van Nuys, CA: Alfred.
3. Grau Andree (2001). Dance. Athens: Researchers.
4. Choksy, L. & Brummitt, D. (1987). 120 singing games and dances for elementary schools. New Jersey: Prentice Hall.
5. Christy, L. (1998). Multicultural folk guide. USA: Human Kinetics.