

**DEMOCRITUS UNIVERSITY OF THRACE**  
**DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCE**

*UNDERGRADUATE PROGRAM OF STUDY*

**COURSE TITLE:**

Sport at hotels
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**COURSE CODE:**

N056
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**E.C.T.S. CREDITS**

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**RESPONSIBLE FOR THE COURSE:**

NAME	George Costa		
POSITION	Associate Professor		
SECTOR	Sport Organization, School Physical Education & Recreation		
OFFICE	B2 - 1		
TEL. / E-MAIL	25310 - 39701		
CO-INSTRUCTORS			

**SEMESTER:**

1 <sup>st</sup>	[ ]	2 <sup>nd</sup>	[ ]	3 <sup>rd</sup>	[ ]	4 <sup>th</sup>	[ ]
5 <sup>th</sup>	[X]	6 <sup>th</sup>	[ ]	7 <sup>th</sup>	[X]	8 <sup>th</sup>	[ ]

**COURSE TYPE:**

Obligatory	[ ]
Direction	[ ]
Specialization	[ ]
Prerequisite for specialization	[ ]
Elective ( <i>open</i> )	[X]

**HOURS (*per week*):**

2
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**DIRECTION (*only for 3<sup>rd</sup> & 4<sup>th</sup> year courses*):**

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**SPECIALIZATION (*only for 3<sup>rd</sup> & 4<sup>th</sup> year courses*):**

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**LANGUAGE OF TEACHING:**

Greek [X]

English [ ]

**AIM OF THE COURSE** (*content and acquired skills*):

The main aim of the course is to introduce the students to the science of sports tourism (ST), animation, recreation and outdoor sports. Other aims are: a) the theoretical and practical training of students on issues that concern ST and animation, b) the management of target groups / participants in ST and its alternative forms, c) the creation of conditions for research on ST and animation in Greece, d) the creation of the appropriate conditions for professional activity at businesses / hotels, cruise ships and organizations involved in ST at national and international level.

**COURSE CONTENTS** (*outline – titles of lectures*)

1. ST forms.
2. Animation at hotels – Programming animation.
3. Children animation.
4. Practical constructions and designing of activities.
5. Qualifications of sports animateur – employment.
6. Activities of motor recreation (practice).
7. Tourism marketing.
8. Communication and human relations at hotels.
9. Outdoor recreation activities (practice).
10. Sports facilities at hotels.
11. Cruise tourism.
12. Entrepreneurship at ST.
13. Interview – CV.

**TEACHING METHOD** (*lectures – labs – practice etc.*):

Lectures and practice inside and out of class.

**ASSESSMENT METHOD(S):**

1. Participation in class	10%
2. Homework at eclass	10%
3. Review paper	20%
4. Final exams	60%

**LEARNING OUTCOMES:**

- Upon the completion of this course the students will be able to:
1. Define and understand the meaning of sport tourism and animation.
  2. Perform at satisfying level animation activities for all age categories.
  3. Generate a portfolio of animation activities for hotel and cruise ship clients.
  4. Design daily plans for animation activities for specific target groups for hotel and cruise ship facilities.

**LEARNING OUTCOMES – CONTINUED:**

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
Understanding of the meaning of sport tourism and animation.	Lectures, demonstration of digital material, home study.	Intermediate controls through eclass work.	20
Ability to perform at satisfying level animation activities for all	Practice, exercise, home study.	Intermediate controls by	10

age categories.		appropriate motor tests.	
Ability to generate a portfolio of animation activities for hotel and cruise ship clients.	Lectures, group study, team work, home study.	Intermediate controls with evaluations of: a) intermediate practice lectures, b) designs of activity plans.	10
Ability to design daily plans for animation activities for each target group for the hotel's and cruise's facilities.	Lectures, practice, individual work, home study.	Intermediate work papers, final exams.	20
		<b>TOTAL</b>	<b>60</b>

### **OBLIGATORY & SUGGESTED BIBLIOGRAPHY:**

1. Filippidis, D. & Gkolias, N. (2001). Recreation and sports of hotel costumers. Athens: Hellin.
2. Glynia, E. & Costa, G. (2004). The employment of animation at hotels in Greece. E-journal of Sport Administration and Recreation, Ell.E.D.A., 3: 13-26.
3. Glynia, E., Lytras, P. & Maras, D. (2004). Animation: recreation and sport in tourism. Athens: Interbooks.
4. Laloumis, D. (1999). Hotel recreation and sport. Athens: Stamoulis.
5. Lytras, P.N. (1991). The recreation society: mingling sport and tourism to 2000. Athens: Interbooks.
6. Lytras, P.N. (1993). Tourists' psychology. Athens: Interbooks.
7. Lytras, P.N. (2002). The recreation society, the development of leisure time at vacation. Athens: Interbooks.
8. Sfakianakis, M. (2000). Alternatives forms of tourism. Athens: ELLIN.