

DEMOCRITUS UNIVERSITY OF THRACE
DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCE

UNDERGRADUATE PROGRAM OF STUDY

COURSE TITLE:

Introduction in traditional dance

COURSE CODE:

N135

E.C.T.S. CREDITS

4

RESPONSIBLE FOR THE COURSE:

NAME	Filippos Filippou		
POSITION	Lecturer		
SECTOR	Sports Management – School Physical Education & Recreation		
OFFICE	B2-13		
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CO-INSTRUCTORS	Vasilis Serbezis, Associate Professor Dimitris Goulimaris, Assistant Professor		

SEMESTER:

1st 2nd 3rd 4th
5th 6th 7th 8th

COURSE TYPE:

Obligatory
Direction
Specialization
Prerequisite for specialization
Elective (*open*)

HOURS (*per week*):

2

DIRECTION (*only for 3rd & 4th year courses*):

SPECIALIZATION (*only for 3rd & 4th year courses*):

LANGUAGE OF TEACHING:

GREEK

ENGLISH

AIM OF THE COURSE (*content and acquired skills*):

The aim of the course is to teach students: a) the basic scientific principles related to dance and b) a repertoire of 20 Greek dances, which are popular and are included in the curriculum of primary and secondary education schools.

COURSE CONTENTS (*outline – titles of lectures*):

1. The motif in tria: Xasapia, Samarina, Ai-Giorgis.
2. Sirtoi dances 7/8: Kalamatianos - Milo mou kokkino.
3. The motif in dio: Dances Pogonisos, Palamakia, Ebropis.
4. Pentasimoi rhythms: Tsakonikos.
5. Teaching of Greek traditional dance.
6. The rhythm 3/4: Tsamikos.
7. Antikristoi dances: Enteka.
8. Dances of Thrace: Zonaradikos, Podaraki, Baintouska.
9. The dance in Greek traditional society.
10. Dances of Thessaly: Svarniara, Karagouna.
11. Dances of Aegean: Sirtobalos.
12. Dances of Crete: Pentozali.
13. Dances of Pontus: Tik Mono, Tik Diplo.

TEACHING METHOD (*lectures – labs – practice etc.*):

1. Lectures.
2. Practice.

ASSESSMENT METHOD(S):

1. Tests.
2. Research project.
3. Final exams.

LEARNING OUTCOMES:

Upon the completion of this course the student will be able to:

1. Know and understand the basic scientific principles of the dance science.
2. Satisfactorily perform a basic repertoire of Greek dances.
3. Know the basic principles of Greek dances teaching.
4. Design a teaching program of Greek dances addressed to beginner dancers of associations and students of primary and secondary education.

LEARNING OUTCOMES – CONTINUED:

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
Understanding of the basic scientific principles of the dance science.	Lectures, homework.	Intermediate control , written project.	16
Ability to satisfactorily perform a basic repertoire of Greek dances.	Tutorials, practice, homework.	Intermediate check with appropriate practice, assessment with individual and group testing.	60

Knowledge of the basic principles of Greek dances teaching.	Lectures, homework.	Intermediate control , presentation of a teaching program of Greek dances.	20
Ability to design a teaching program of Greek dances addressed to beginners dancers of associations and students of primary and secondary education.	Lectures, practice, homework.	Intermediate written control, final individual assessment.	24
		TOTAL	120

OBLIGATORY & SUGGESTED BIBLIOGRAPHY:

1. Malkogiorgos, A., Maurovouniotis, F. & Argiriadou, E. (1997). Greek dances. Thessaloniki: Idion.
2. Roubis, G. (1990). Greek dances. Athens: The Economic.
3. Prantsidis, G. (2005). The dance in Greek tradition and it's teaching. Aiginio Pierias: Aiginio publications.