

DEMOCRITUS UNIVERSITY OF THRACE
DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCE

UNDERGRADUATE PROGRAM

COURSE TITLE:

Field experience in elementary and secondary education

COURSE CODE:

N181

E.C.T.S. CREDITS

9

RESPONSIBLE FOR THE COURSE:

NAME	Vasiliki Derri – Andreas Avgerinos	
POSITION	Associate Professor - Lecturer	
SECTOR	Sports Management, School Physical Education & Recreation	
OFFICE	B1 - 4 – B1 - 10	
TEL. / E-MAIL	25310 - 39628 25310 - 39705	aavgerin@phyed.duth.gr vaderri@phyed.duth.gr
CO-INSTRUCTORS		

SEMESTER:

1st 2nd 3rd 4th
5th 6th 7th 8th

COURSE TYPE:

Obligatory
Direction
Specialization
Prerequisite for specialization
Elective (*open*)

HOURS (per week):

2

DIRECTION (only for 3rd & 4th year courses):

SPECIALIZATION (only for 3rd & 4th year courses)

LANGUAGE OF TEACHING:

GREEK

ENGLISH

AIM OF THE COURSE (*acquired skills & learning outcome*):

The aim of this module is to provide students with theoretical and practical experiences regarding: 1) practical issues related to the design, organization, implementation and evaluation of physical education classes, 2) the physical education curriculum in order to be able to critically approach its aims and objectives, 3) the school operations (institutional - administrative - organizational) and 4) the role of the physical education teacher in the modern school.

COURSE CONTENTS (*outline – titles of lectures*):

1. Academic learning time.
2. Effective teaching and effective teacher.
3. Class control – Discipline – Rewards.
4. Teaching styles (I).
5. Keeping a creative learning environment.
6. Teaching styles (II).
7. Teaching styles (III).
8. Teaching traditional dance.
9. ‘Health Related Exercise Model’: Teaching aspects relevant to the promotion of physical activity and healthy eating behavior.
10. Health education: teaching aspects relevant to the prevention of smoking and alcohol use.
11. Teaching difficult and risky skills – Considerations of safety.
12. Applying tests and measurement in physical education.
13. Seminar.

TEACHING METHOD (*lectures – labs – practice etc.*):

1. Practicum in a real school environment.
2. Lectures.
3. Working groups
4. Workshops.

ASSESSMENT METHOD (S):

1. Effectiveness of teaching (40%).
2. Completeness of a lesson designs (30%).
3. Essay (30%).

LEARNING OUTCOMES:

Upon completion of this class the students will have acquired experiences and they will be able to understand:

1. Practical issues related to the design, organization, implementation and evaluation of physical education classes.
2. The physical education curriculum in order to be able to critically approach its aims and objectives.
3. The school operations (institutional - administrative - organizational).
4. The role of the physical education teacher in the modern school.

LEARNING OUTCOMES – CONTINUED:

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
In depth knowledge of practical issues associated with planning, organizing, conducting and evaluating the teaching of physical education in secondary school.	Working in groups at school, group work, homework.	Submit ion of 24-26 lesson plans.	140
Ability to critically approach the physical education curriculum.	Tutorials, homework.	Final individual work.	80
Understanding of school operations (institutional - administrative - organizational).	Meetings with the school administration, homework	Final teamwork project.	25
Understanding of the physical education teacher's role in the modern school.	Meetings with the school administration, homework	Final exams.	25
		TOTAL	270

OBLIGATORY & SUGGESTED BIBLIOGRAPHY:**Obligatory**

Selected literature (Greek and foreign) will be distributed and will be posted on the e-class.

Suggested

1. <http://www.hape.gr> (e-book)
2. Capel, S. (1997). Learning to teach physical education in the secondary school. London: Routledge.
3. Mohnsen, B.S. (1997). Teaching middle school physical education. Champaign, IL: Human Kinetics.