

DEMOCRITUS UNIVERSITY OF THRACE
DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCE

UNDERGRADUATE PROGRAM

COURSE TITLE:

Fieldwork of students in the context of Volleyball

COURSE CODE:

N409

CREDITS (E.C.T.S.)

6

RESPONSIBLE FOR THE COURSE:

NAME	A. Kasabalis	
POSITION	Assistant professor	
SECTOR	Training	
OFFICE	B 207	
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CO-INSTRUCTORS	E. Zetou, A. Moustakidis	

SEMESTER:

1ST 2ND 3RD 4TH
5TH 6TH 7TH 8TH

COURSE TYPE:

OBLIGATORY
DIRECTION
SPECIALIZATION
PREREQUIZITE FOR SPECIALIZATION
OBLIGATORY FOR SPECIALIZATION
ELECTIVE (*OPEN*)

HOURS (per week):

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DIRECTION

GROUPED SPECIALIZATION**

Team sports

SPECIALIZATION (only for 3rd & 4th year courses)

Volleyball

LANGUAGE OF TEACHING:

GREEK

ENGLISH

AIM OF THE COURSE

The aim of the course is students to gain applied knowledge and skills related to practical experience and basic professional expertise. More specifically:

1. To gain experience in the planning and organization of training modules depending on the educational / coaching aims and objectives of the institution in which they cooperate with / participate.
2. To gain experience on effective teaching methods and classroom management / team. Through practice students are getting in touch with the actual working conditions, in which they will get involved in the future.
3. Evaluation of personal abilities and skills in field conditions.
4. Getting in touch with Volleyball personalities (coaches, players) establishing contact and making acquaintances that are necessary for future employment.

COURSE CONTENTS

This course includes participation as well as monitoring or recording (assigned uniformly) the 13 two-hour practical coaching units in various indoor sports / exercise in Greece

- Practice in sports clubs, alongside graduate coaches of all development and racing classes.
- Practice next to federal managers or coaches nationwide etc.
- Next to teachers in university departments of physical education
- Participating in the organization of domestic leagues of Physical Education University (Arbitration, Games Secretariat coaching teams) with supervision and help by Volleyball teachers.

TEACHING METHOD

Participation and

ASSESSMENT METHOD(-S)

Multiple assessment:

1. Participation / process monitoring practice (training) to sporting organizations (20%)
2. Record in detail the progress of participation (20%)
3. Record in detail and delivery on work release the practice type of training units in a manner that is locked according to the instructions of the supervisor (60%)

OBLIGATORY & SUGGESTED BIBLIOGRAPHY:

1. – VOLLEYBALL VII. NOTEBOOKS. A. KASABALIS
2. – VOLLEYBALL VIII. NOTEBOOKS. A. KASABALIS
3. – PHYSICAL TRAINING A.P ZAKAS