

DEMOCRITUS UNIVERSITY OF THRACE
DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCE

UNDERGRADUATE PROGRAM

COURSE TITLE:

Morphology and technique of traditional dance

COURSE CODE:

N571

E.C.T.S. CREDITS

6

RESPONSIBLE FOR THE COURSE:

NAME	Dimitris Goulimaris		
POSITION	Assistant Professor		
SECTOR	Sports Management, School Physical Education & Recreation		
OFFICE	B2 - 12		
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CO-INSTRUCTORS	Vasilis Serbezis, Associate Professor		

SEMESTER:

1 st	<input type="checkbox"/>	2 nd	<input type="checkbox"/>	3 rd	<input type="checkbox"/>	4 th	<input type="checkbox"/>
5 th	<input checked="" type="checkbox"/>	6 th	<input type="checkbox"/>	7 th	<input type="checkbox"/>	8 th	<input type="checkbox"/>

COURSE TYPE:

Obligatory	<input type="checkbox"/>
Direction	<input type="checkbox"/>
Specialization	<input checked="" type="checkbox"/>
Prerequisite for specialization	<input type="checkbox"/>
Elective (<i>open</i>)	<input type="checkbox"/>

HOURS (*per week*):

6

DIRECTION (*only for 3rd & 4th year courses*):

Sports Recreation & Dance

SPECIALIZATION (*only for 3rd & 4th year courses*):

Greek Folk Dances

LANGUAGE OF TEACHING:

GREEK	<input checked="" type="checkbox"/>	ENGLISH	<input type="checkbox"/>
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AIM OF THE COURSE (*acquired skills & learning outcome*):

The aim of this course is to: a) lead students develop basic and gradually more complex movements / patterns of traditional Greek dance, b) make students aware of their body and how to use it to dance traditional Greek dances, c) teach students the specific terminology, which is the essential code of communication between teacher and student, d) teach them ways of recognition, analysis and reproduction of the basic rhythmic - kinetic models occurring in the Greek tradition and e) teach them the concept of tonality, measure, rhythm and the relationships of kinetic cell with the part of the measure.

COURSE CONTENTS (*outline – titles of lectures*):

1. Basic rules of technique in traditional dance.
2. Body positions - Technique of feet and hands movement.
3. The individual techniques of dancer.
4. Gender technique - Fronts and turns.
5. Improvisation in traditional dance.
6. The reciprocal relationship between musician and dancer.
7. Individual technique in the Eastern and Western Thrace.
8. Individual technique in Eastern Romilia.
9. Individual technique in Eastern Macedonia.
10. Individual technique in Central Macedonia.
11. Accelerated rhythm.
12. Individual technique in Western Macedonia.
13. Technique of changing rhythm.
14. Individual technique in Epirus.
15. Technique of face-to-face dance.
16. Individual technique in Thessaly.
17. Individual technique in Central Greece and the Peloponnese.
18. Individual technique in the Ionian Islands.
19. Individual technique in the Aegean and Cyclades.
20. Individual technical in Dodecanese.
21. Individual technique in Crete.
22. Improvisation of the man and woman in Crete.
23. Individual technique in Ponto's.
24. Individual technique in Asia Minor.
25. The dancing figure today.
26. Individual technique in Cyprus.
27. Introduction to music - Historical and philosophical approach.
28. Basic concepts of metric - Prosody in tonality.
29. Traditional Greek dance rhythms.
30. Morphological recordings and analysis - Measure equivalents.
31. Rhythmic patterns in traditional Greek music – Applications.
32. The popular musical instruments - Area bands.
33. Metric and dance genesis - Rhythmic analysis and interpretation.
34. The concept of pattern in Greek traditional song.
35. Morphological analysis of traditional dances I.
36. Morphological analysis of traditional dances II.
37. Morphological analysis of traditional dances III.
38. The traditional dance as a dialectical process between musician and dancer.
39. Summary - Presentation of assignments.

TEACHING METHODS:

1. Lectures with the support of audiovisual media.
2. Practical training.

ASSESSMENT METHOD(S):

1. Individual work.
2. Progress test.
3. Final exams.

LEARNING OUTCOMES:

Upon the completion of this class students will be able to:

1. Comprehend the basic principles and elements of individual and group technical dancer of Greek traditional dances.
2. Recognize and execute the individual technique of dances of Greece, Pontos, Asia Minor and Cyprus.
3. Determine and reproduce the basic motor- rhythms found in Greek tradition.
4. Determine and reproduce the meaning of the pattern of tonality, measure, rhythm, rhythmic action as well as the functional relationships between motor cell and part of the measure.

LEARNING OUTCOMES – CONTINUED:

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
Comprehension of the basic principles and elements of individual and group technical dancer of Greek traditional dances.	Lectures, demonstration and commentary of digital material, practical exercises, home study.	Intermediate checks with written or oral tests of cognitive evaluation.	20
Recognition and execution of individual technique of dances of Greece, Pontos, Asia Minor and Cyprus.	Lectures, practical exercises, home study.	Intermediate checks with appropriate practical tests.	110
Ability to determine and reproduce the basic motor-rhythms found in the Greek tradition.	Lectures, practical exercises, individual work, home study.	Intermediate checks with appropriate tests.	20
Ability to determine and reproduce the meaning of the pattern of tonality, measure, rhythm, rhythmic action as well as the functional relationships between motor cell and part of the measure.	Lectures, practical exercises, individual work, home study.	Intermediate checks with appropriate individual practices.	30
		TOTAL	180

OBLIGATORY & SUGGESTED BIBLIOGRAPHY:

1. Adshead, J. (2007). Analysis of dance: theory and practice. Translation: Tyrovolas-Koutsouba, Athens: Paschalidis
2. Dimas, H. (2004). Folk music and dance tradition. Thessaloniki: Artwork.
3. Drandrakis, L. (1993). The improvisation in Greek Primary Dance. Athens: Salto publications.
4. Bazianas, N. (1997). For the folk music tradition. Athens: Typothyto.
5. Serbezis, B. (2005). Morphology of the metric of the Greek folk song. Class notes.
6. Tyrovolas, B. (1996). Traditional Greek dance rhythms. Athens: Gutenberg.